

WHAT IS FENTANYL?

Fentanyl is a synthetic opioid that is tasteless, odorless, and extremely potent. To put it into perspective, a dose of fentanyl is up to 50 times stronger than heroin and up to 100 times stronger than morphine. Every person is different, but two salt-sized grains of fentanyl can be enough to cause an adult to overdose.

Fentanyl has been found locally in these substances:

M30 pills

These are the most common pills containing fentanyl in our area.



V48 & A215 pills

These pills, although less common, may also contain fentanyl.



Powders

Fentanyl can also be found in white powders.



September 26, 2019

Public Health
Seattle & King County

FENTANYL RESOURCE

SOME PHOTOS AND INFO TAKEN FROM
LACEDANDLETHAL.COM

YOU ARE NOT ALONE!

Over the last few years, pills laced with fentanyl have increased in the PNW. Our community is working hard to educate and protect our kids with a collaboration between the city, schools, law enforcement, nurses, parents, students, mental health therapists, and the county.



EVERY PILL IS A RISK

Fentanyl isn't added to drugs in some regulated lab. It's mixed into pills and powders, and the distribution and amount is totally random.



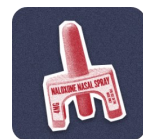
- **50-100 times** more potent than other opioids
- The amount of **fentanyl** can **vary between pills**, even within the same batch. While a single pill might get a person high without killing them, another pill could be fatal.

WHAT DO I LOOK FOR?

Unresponsive, slowed/no breathing, heavy gurgling/snoring sounds, blue/gray skin, lips or nails, constricted pupils, loss of cognitive ability, inability to walk or sit normally, cold/clammy, throwing up, shaking, itching/picking skin, cold extremities, loss of appetite.

NALOXONE

Naloxone is the only medication that can reverse an opioid overdose. It's available **over-the-counter** without a prescription at Washington state pharmacies and many community-based organizations.



TREATMENT WORKS!

Many treatment options are available across King County, including medications to treat opioid use disorder. Treatment has been shown to be effective! Fentanyl addiction treatment can include a combo of:



- detox to treat withdrawal
- live-in inpatient rehab where patients can attend therapy programs under supervision
- medication assisted treatments
- part-time outpatient programs for on-going support

WHERE DO I GO FOR HELP OR COUNSELING?

Y Social Impact Center
Thrive Wellness Clinic
Kent Youth & Family Services



Sound Mental Health
Catholic Community Services

stopoverdose.org



Washington
Recovery Help Line
24-hour Help for Substance Abuse, Problem Gambling & Mental Health
1.866.789.1511



WHERE DO I GO FOR INPATIENT/OUTPATIENT CARE?

Sundown Ranch (Yakima)
NW Recovery Centers
Rogers Behavioral Health (Inpatient over 18 only)
Newport Academy

